

# CATHOLIC GRADE SCHOOL CROSS COUNTRY CHAMPIONSHIP MEET

**SATURDAY DECEMBER 16<sup>TH</sup>**



## Post season XC Meet for K-8<sup>th</sup> Grades

There will be a two-week free program for anyone with an approved sports physical on file in grades K-8<sup>th</sup> that want to run in the Catholic Grade School Cross Country Championship Meet on Saturday morning December 16<sup>th</sup> at Bishop Kenny High School.

No need to register, just show up to practice. K-4<sup>th</sup> graders will change after school in bathrooms near their classrooms and be walked to practice by coaches. 5<sup>th</sup> – 8<sup>th</sup> graders change in middle school and meet at 5<sup>th</sup> street blacktop after carpool is finished.

Please email [georgia.ruen@gmail.com](mailto:georgia.ruen@gmail.com) if you have any questions.

## PRACTICE SCHEDULES

### **K - 4<sup>TH</sup> GRADE:**

AFTER SCHOOL – 4P  
3 PRACTICES TUES.  
12/5, TUES. 12/12,  
AND THURS. 12/14

### **5<sup>TH</sup> – 8<sup>TH</sup> GRADE:**

AFTER SCHOOL - 4 P  
4 PRACTICES TUES.  
& THURS. WEEKS OF  
12/4 & 12/11.

**MUST HAVE  
APPROVED  
DIOCESEAN SPORTS  
PHYSICAL**

## LOCATION OF XC MEET:

### **BISHOP KENNY**

1055 Kingman Ave,  
Jacksonville, FL 32207

12/16/17 Saturday Morning